

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	
<p>PASTA AND JACKET BAR</p> <p>Pasta, Jacket Potato, or Sweet Potato with Choice of Rich Tomato Sauce or Filling of the Day</p>	<p>PASTA AND JACKET BAR</p> <p>Pasta, Jacket Potato, or Sweet Potato with Choice of Rich Tomato Sauce or Filling of the Day</p>	<p>PASTA AND JACKET BAR</p> <p>Pasta, Jacket Potato, or Sweet Potato with Choice of Rich Tomato Sauce or Filling of the Day</p>	<p>PASTA AND JACKET BAR</p> <p>Pasta, Jacket Potato, or Sweet Potato with Choice of Rich Tomato Sauce or Filling of the Day</p>	<p>PASTA AND JACKET BAR</p> <p>Pasta, Jacket Potato, or Sweet Potato with Choice of Rich Tomato Sauce or Filling of the Day</p>	<p>PASTA AND JACKET BAR</p> <p>Pasta, Jacket Potato, or Sweet Potato with Choice of Rich Tomato Sauce or Filling of the Day</p>	
<p>MAIN COURSE</p> <p>Beef Bolognaise with Penne Pasta Homemade Garlic Bread</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Creamy Buttered Chicken Curry</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Sticky Apricot & Thyme Glazed Ham with Red Wine Gravy</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Beef Chilli & Rice with all the toppings</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Jumbo Cumberland Sausage</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Chorizo and Tomato Pasta Bake</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>BRUNCH</p>
<p>SIDES</p> <p>Butter Sweetcorn Steamed Peas Homemade Garlic Bread</p>	<p>SIDES</p> <p>Rice Green Beans Broccoli Naan Bread</p>	<p>SIDES</p> <p>Buttered New Potatoes Sautéed Mixed Cabbage Carrots</p>	<p>SIDES</p> <p>Rice Broccoli Sweet Corn Sour Cream Guacamole Salsa</p>	<p>SIDES</p> <p>Chunky Seasoned Chips Peas Curry Sauce Mushy Peas Baked Beans</p>	<p>SIDES</p> <p>Roasted Mediterranean Tray Bake Fennel Orange and Rocket Salad</p>	
<p>VEGETARIAN HOT AND HEARTY</p> <p>Lentil & Cannellini Bean Bolognaise</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Giant Vegetable Samosa</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Beetroot Butternut Squash & Kale Wellington</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Vegetable & Bean Quesadilla</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Vegetarian Battered Sausage</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Tomato and Basil Pasta Bake</p>	
<p>DESSERT OF THE DAY</p> <p>Creamy Vanilla Rice Pudding with Fruit Compote</p>	<p>DESSERT OF THE DAY</p> <p>Lemon & Raspberry Sponge</p>	<p>DESSERT OF THE DAY</p> <p>Apple and Mixed Berry Crumble with Vanilla Custard</p>	<p>DESSERT OF THE DAY</p> <p>Doughnuts</p>	<p>DESSERT OF THE DAY</p> <p>Gypsy Tart With Orange Greek Yoghurt</p>	<p>DESSERT OF THE DAY</p> <p>Banana & Cinnamon Loaf</p>	

WEEK 1

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<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	<p>SOUP OF THE DAY</p> <p>Served with Freshly Baked Bread</p>	
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<p>MAIN COURSE</p> <p>Lemon & Oregano Chargrill Chicken Fillet</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Sweet Chilli Beef Stir Fry</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Texas BBQ Pulled Beef Brisket Bap with Apple Sauce or Thick BBQ sauce</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Roasted Garlic & Herb Chicken Leg</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Slow Cooked Beef & Vegetable Pie</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Coq Au Vin with Pearl Onions and Bacon Bits</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Beef, Pepper and Mushroom Loaded Sour Dough Pitta Kebab</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>
<p>SIDES</p> <p>Garlic & Paprika Seasoned Skinny Fries Classic Coleslaw</p>	<p>SIDES</p> <p>Egg Noodles Prawn Crackers Bok Choi Chinese Vegetables</p>	<p>SIDES</p> <p>Cajun Potato Wedges Mixed Greens Creamy Dill Coleslaw Jalapenos Gherkins</p>	<p>SIDES</p> <p>Herb Cous Cous Roasted Cauliflower Green Beans</p>	<p>SIDES</p> <p>Boiled New Potatoes Green Beans Gravy</p>	<p>SIDES</p> <p>Celeriac and Potato Gratin Roasted Carrots Peas</p>	<p>SIDES</p> <p>Parmenter Potage Pickled Red Cabbage Shredded Lettuce Smashed Avocados Chive Sour Cream</p>
<p>VEGETARIAN HOT AND HEARTY</p> <p>Spicy Mixed Bean Burger with Coriander Yoghurt Pickled Cucumber</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Vegetable Chow Mein</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>BBQ Halloumi Wrap with House Salad</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Breaded Soya based Protein Fillet with Spicy Tomato Relish</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Vegetable Hotpot</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Crispy Baked Sweet Potato, Carrot and Halloumi</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Diced Paneer, Pepper and Mushroom Loaded Sour Dough Pitta</p>
<p>DESSERT OF THE DAY</p> <p>Lemon Posset</p>	<p>DESSERT OF THE DAY</p> <p>Blueberry Oat & Honey Fool</p>	<p>DESSERT OF THE DAY</p> <p>New York Cheesecake</p>	<p>DESSERT OF THE DAY</p> <p>Cold Dessert Selection Pots with Jelly's and Fruits</p>	<p>DESSERT OF THE DAY</p> <p>Orange & Poppy Seed Cake with Cream</p>	<p>DESSERT OF THE DAY</p> <p>Chef's Choice Dessert</p>	<p>DESSERT OF THE DAY</p> <p>Cherry Bakewell Muffin</p>

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<p>MAIN COURSE</p> <p>Creamy Three Cheese Mac and Cheese Bake</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Flame Grilled Beef Burger With all the Trimmings</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Pan Roasted Garlic and Herb Chicken Breast with Sage Gravy</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Sausage of the Week Served with Mash Potato</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Nando's Style Chicken Escalope with a choice of Lemon & Herb OR Hot Peri Peri Sauce</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Italian Garlic & Basil Beef Meat Balls</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>BRUNCH</p>
<p>SIDES</p> <p>Green Beans Corn on The Cob Rosemary Garlic Bread Crispy Onions</p>	<p>SIDES</p> <p>Homemade Potato Wedges Crisp Lettuce B.B.Q Spiced Crunchy Slaw Burger Sauce Cheese</p>	<p>SIDES</p> <p>Rosemary and Thyme Roasted Potatoes Carrots Buttered Peas</p>	<p>SIDES</p> <p>Buttery Mashed Potato Roasted Honey and thyme Parsnips mixed steamed Greens</p>	<p>SIDES</p> <p>Chunky Seasoned Chips Peas Curry Sauce Mushy Peas Baked Beans</p>	<p>SIDES</p> <p>Spicy Tomato Rice Carrot and Raisins Slaw Salad Bar</p>	
<p>VEGETARIAN HOT AND HEARTY</p> <p>Roasted Cherry Tomato Risotto with Basil Oil</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Garden Pea Burger With Spicy Tomato Relish</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Root Vegetable and Lentil Bake Topped with Cheddar Cheese</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Plant Based Sausages with Root Vegetables and Crispy Sage</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Roasted Mediterranean Vegetables Pumpkin Seed Pesto Gnocchi</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Buffalo Cauliflower Wings</p>	
<p>DESSERT OF THE DAY</p> <p>Apple and Cinnamon Pie with Whipped Vanilla Cream</p>	<p>DESSERT OF THE DAY</p> <p>Chocolate Chip Cake with Chocolate Custard</p>	<p>DESSERT OF THE DAY</p> <p>Sticky Toffee & Date Pudding with Toffee Sauce</p>	<p>DESSERT OF THE DAY</p> <p>Biscoff Cheesecake</p>	<p>DESSERT OF THE DAY</p> <p>English Trifle</p>	<p>DESSERT OF THE DAY</p> <p>Strawberry Cup Cakes</p>	

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<p>MAIN COURSE</p> <p>Gammon, Egg and Chips</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Chicken Rice & Bean Burrito</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Char Grilled Pork Steaks With Zesty Lemon Chimichurri</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Hoi Sin Beef Stir Fry With Broccoli & Mixed Peppers</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Homemade Pepperoni Pizza</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Chinese Lemon Chicken</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Chicken, Chorizo and King Prawn Paella</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>
<p>SIDES</p> <p>Chips Eggs Baked Beans</p>	<p>SIDES</p> <p>Roasted Mexican Vegetables Buttered Sweetcorn Sour Cream Salads</p>	<p>SIDES</p> <p>Parmeter Potato Corn on the Cob Baked Beans</p>	<p>SIDES</p> <p>Noodles Soy Glazed Pak Choi & Bean Sprouts Sesame Roasted Carrot</p>	<p>SIDES</p> <p>Fajita Wedges Selection of Salads Classic Coleslaw</p>	<p>SIDES</p> <p>Vegetable Chow Mein Spring Rolls Prawn Crackers Monge Tout</p>	<p>SIDES</p> <p>Steamed Green Beans Sweetcorn Mixed House Salad</p>
<p>VEGETARIAN HOT AND HEARTY</p> <p>Mixed Roasted Vegetable Strudel</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Four Bean Burrito</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Creamy Wild Mushroom & Chervil Pasta Rocket Salad</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Sticky Soy and Ginger Merited Tofu with Stir Fried Vegetables</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Classic Margherita Pizza</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Tempura Vegetables with Sweet Chilli Sauce</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Mixed Vegetable Paella</p>
<p>DESSERT OF THE DAY</p> <p>Rich Chocolate Mousse</p>	<p>DESSERT OF THE DAY</p> <p>Cold Dessert Selection Pots with Jelly's and Fruits</p>	<p>DESSERT OF THE DAY</p> <p>S'mores Brownie</p>	<p>DESSERT OF THE DAY</p> <p>Tiramisu Pots</p>	<p>DESSERT OF THE DAY</p> <p>Chocolate Roulade</p>	<p>DESSERT OF THE DAY</p> <p>Cookie Dough Tray Bake with Cream</p>	<p>DESSERT OF THE DAY</p> <p>Sponge of the Day</p>

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<p>MAIN COURSE</p> <p>Traditional Slow Cooked Beef Lasagne</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Classic Chicken Caesar Salad</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Roasted Loin of Pork with Crispy Crackling and Red wine Gravy</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Beef and Potato Massaman Curry</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Fish Fingers</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>MAIN COURSE</p> <p>Hungarian Beef and Potato Goulash</p> <p>GLUTEN FREE / HALAL OPTIONS PROVIDED</p>	<p>BRUNCH</p>
<p>SIDES</p> <p>Steamed Carrots Buttered Peas Garlic Bread</p>	<p>SIDES</p> <p>Baby Gem Lettuce Garlic Croutons Caesar Dressing Parmesan Warm New Potatoes Buttered Corn</p>	<p>SIDES</p> <p>Stock Seasoned Roasted Skin on Potatoes Broccoli Mixed Roasted Root Vegetables</p>	<p>SIDES</p> <p>Rice Curried Cauliflower Green Beans Minted Yoghurt</p>	<p>SIDES</p> <p>Chunky Seasoned Chips Peas Curry Sauce Mushy Peas Baked Beans</p>	<p>SIDES</p> <p>Rice Buttered Sweetcorn Mixed Green Vegetables</p>	
<p>VEGETARIAN HOT AND HEARTY</p> <p>Creamy Courgette and Spinach Cheddar Cheese Lasagne</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Leek, Brie, Mushroom & Olive Puff Tart</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Stuffed Beef Tomato with Olives, Feta and Vegetable Couscous</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Chickpea, Lentil and Sweet Potato Curry</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Sun Dried Tomato Red Onion & Mozzarella Tart</p>	<p>VEGETARIAN HOT AND HEARTY</p> <p>Roasted Sweet Potato Butternut & Lentil Vegetable Stew</p>	
<p>DESSERT OF THE DAY</p> <p>Syrup Sponge with Custard</p>	<p>DESSERT OF THE DAY</p> <p>Jam & Coconut Cake with Vanilla Custard</p>	<p>DESSERT OF THE DAY</p> <p>Mixed Seasonal Fruit Cobbler with Vanilla Custard</p>	<p>DESSERT OF THE DAY</p> <p>Key Lime Pie</p>	<p>DESSERT OF THE DAY</p> <p>Dorset Apple Cake</p>	<p>DESSERT OF THE DAY</p> <p>Chef's Choice Dessert</p>	

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MAIN COURSE Chargrilled Bacon Steak and Pineapple Salsa	MAIN COURSE Cottage pie	MAIN COURSE Hunter's Chicken Bake With Crispy Bacon	MAIN COURSE Sweet & Sour Chicken Balls with Egg Fried Rice	MAIN COURSE Pepperoni Pasta Bake	MAIN COURSE Tandoori Spiced Chicken Leg	MAIN COURSE Roasted Topside Beef with Yorkshire Pudding and Horseradish
GLUTEN FREE / HALAL OPTIONS PROVIDED						
SIDES Buttered New Potatoes Savoy Cabbage Sliced Maple Glazed Carrot	SIDES Mixed Vegetable Panache Roasted Beetroot and Carrot Gravy	SIDES Diced Herby Potato Roasted Carrots Green Beans	SIDES Egg Fried Rice Prawn Crackers Mixed Corn Peas	SIDES Garlic Ciabatta Roasted Courgettes Mixed House Salad	SIDES Pilaf Rice Onion Bhaji Naan Bread Poppadom's Aloo gobi Selection of Condiments	SIDES Dauphinoise Potatoes Tendersteam Broccoli Cauliflower Cheese
VEGETARIAN HOT AND HEARTY Roasted Cauliflower Steak Pomegranate and Mint Dressing	VEGETARIAN HOT AND HEARTY Braised Lentil and Vegetable Cottage Pie	VEGETARIAN HOT AND HEARTY Chargrilled Miso Celeriac Steak	VEGETARIAN HOT AND HEARTY Sweet & Sour Tofu	VEGETARIAN HOT AND HEARTY Tomato & Basil Bake	VEGETARIAN HOT AND HEARTY Cauliflower and Vegetable Biryani	VEGETARIAN HOT AND HEARTY Caramelized Red Onion Butternut Squash and Kale Pithivier
DESSERT OF THE DAY Vanilla Panna Cotta with Summer Berries	DESSERT OF THE DAY Pangbourne Mess	DESSERT OF THE DAY White Chocolate Bread and Butter Pudding with Cream	DESSERT OF THE DAY Cold Dessert Selection Pots with Jelly's and Fruits	DESSERT OF THE DAY Carrot Cake	DESSERT OF THE DAY Chocolate Eclair Vanilla Cream	DESSERT OF THE DAY Brownie & Ice Cream

Choices of 5 everyday

- Green bean, lemon and thyme vinaigrette
- Salad Niçoise
- Mexican 4 bean salad with lime and coriander
- Moroccan style couscous with pomegranate
- Asian slaw with pickled vegetables
- Roast mix peppers with green pesto
- Pickle red cabbage
- Chunky dice avocado with fresh coriander and red chillies
- Rosemary roasted squash and field mushroom salad
- Celeriac coleslaw
- Waldorf salad (nut free)
- Butterbean, quinoa and roasted butternut squash
- Roasted beetroot salad with goat's cheese

Pasta salad - fresh pasta tossed with red peppers and basil or green pesto

Potato salad – with shallots and a vinaigrette or mayonnaise and chive dressing

Slice fennel with lemon juice vinaigrette

Tabbouleh salad: crack wheat, cucumber, fresh mint, and lemon juice, small diced peppers, lot of chopped parsley, chopped tom

Everyday choices x 6

- Mixed green salad leaves
- Chopped tomato - garnished with chopped chives
- Diced cucumber - garnished with chopped parsley
- Coleslaw - shredded cabbage, onion & carrot in mayonnaise
- Marinated mix olive
- Sweet corn
- Julien of mix peppers
- Hummus

Proteins

Choices of 3 everyday

Beetroot salad - beetroot garnished with spring onions or goat cheese

Chicken or bacon Caesar salad

Emerald broccoli & feta or stilton cheese salad

Grilled sweet potato and pancetta salad

Tuna salad: rice, red onions, parsley, green beans, red peppers

Avocado, tomato and feta salad - dressed with lemon juice, olive oil and seasoning

Rocket and parmesan salad - shaved parmesan, drizzled with olive oil and seasoning

Greek salad

Chicory and stilton with vinaigrette

Roast cauliflowers with goat cheese

Mozzarella pearls, with guacamole, cherry tomato basil

Boiled eggs

